



FREE COMMUNITY EVENT 55+

CREATIVE AGING FESTIVAL

June 13 - 19, 2026

SATURDAY JUNE 13

9:30-11:30 AM
9:30-11:30 AM
12:00-4:30 PM
2:30-4:30 PM
4:30-6:30 PM

- Relax and Restorative Movement
- Painting on the Patio
- Heart and Soul Drum Making
- Flower Arranging
- Walking Tour: Cultural District

Salloum Studio
Patio
Atrium
Salloum Studio
Atrium

MONDAY JUNE 15

9:30-11:30 AM
9:30-11:30 AM
11:00 AM-3:00 PM
12:00-2:00 PM
2:30-4:30 PM
4:30-6:00 PM
6:00-7:00 PM

- Relax and Restorative Movement
- Watercolour Painting
- Creative Aging Market
- Dress Up and Dance
- Basket Weaving
- Travelling Journal
- RCMP Fraud Awareness

Salloum Studio
Harmony Honda
Upper Lobby
Sun FM
Atrium
Harmony Honda
Atrium

TUESDAY JUNE 16

9:30-11:30 AM
9:30-11:30 AM
11:00 AM-3:00 PM
12:00-2:00 PM
2:30-4:30 PM
4:30-6:30 PM

- Relax and Restorative Movement
- Harmony Song
- Creative Aging Market
- Cristalina Parc High Tea Party
- Stories into Songs
- Bird House Make and Take

Sun FM
Board Room
Upper Lobby
Atrium
Sun FM
Creative Hub

WEDNESDAY JUNE 17

9:30-11:30 AM
9:30-11:30 AM
9:30-12:30 PM
11:00 AM-3:00 PM
12:00-1:00 PM
12:00-2:00 PM
2:30-4:30 PM
4:30-6:00 PM
7:00-9:00 PM

- Relax and Restorative Movement
- Walking Tour: Cultural District
- Draw Your Art Out
- Creative Aging Market
- RCA Youth Mural Unveiling
- Dress Up and Dance
- Basket Weaving
- Travelling Journal
- Feel the Rhythm

Salloum Studio
Atrium
Harmony Honda
Upper Lobby
RCA Patio
Sun FM
Board Room
Harmony Honda
Harmony Honda

THURSDAY JUNE 18

9:30-11:30 AM
9:30-11:30 AM
11:00 AM-3:00 PM
12:00-2:00 PM
2:30-4:30 PM
4:30-6:30 PM
5:00-9:00 PM
6:00-8:00 PM

- Relax and Restorative Movement
- Investors Retirement for Seniors
- Creative Aging Market
- UBCO Technology for Seniors
- Stories into Songs
- Bird House Make and Take
- Jazz / Blues Evening
- Paint and Sip

Salloum Studio
Board Room
Upper Lobby
Board Room
Sun FM
Creative Hub
Atrium
Harmony Honda

FRIDAY JUNE 19

9:30-11:30 AM
12:00-2:00 PM
2:30-4:30 PM
4:30-8:30 PM

- Relax and Restorative Movement
- Bluegrass Harmonies
- Stories into Songs
- Music on the Patio

Salloum Studio
Salloum Studio
Salloum Studio
Patio

● Movement ● Art & Crafts ● Music ● Social & Learning ● Outdoors



Movement. Creativity. Performances.

☎ 250.717.5304
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